**Summary**

Experienced and passionate Certified Alcohol and Drug Counselor with a Master of Health Science in Addictions Studies. Proven track record in providing comprehensive, evidence-based treatment to individuals and groups struggling with substance use disorders. Demonstrated expertise in assessment, treatment planning, individual and group counseling, crisis intervention, and relapse prevention. Committed to promoting recovery, reducing stigma, and advocating for policy changes that support access to quality care.

**Education**

**Master of Health Science in Addictions Studies** | May 2018

Governors State University | University Park, IL

**Bachelor of Arts in Psychology** | May 2015

University of Illinois at Chicago | Chicago, IL

**Certifications And Licensure**

* Certified Alcohol and Drug Counselor, Illinois
* Licensed Professional Counselor, Illinois
* Certified Clinical Supervisor, Illinois

**Professional Experience**

**Clinical Director** | New Hope Recovery Center | Chicago, IL | February 2022-Present

* Oversee clinical operations for a 120-bed residential treatment center.
* Lead a multidisciplinary team of therapists, counselors, and case managers.
* Develop and implement evidence-based treatment programs.
* Ensure compliance with regulatory standards.
* Conduct staff training and supervision.

**Lead Therapist** | Gateway Foundation | Joliet, IL | August 2019-January 2022

* Provided individual and group therapy to clients in outpatient and intensive outpatient settings.
* Conducted comprehensive assessments, developed individualized treatment plans, and facilitated a variety of evidence-based group therapies (CBT, DBT, motivational interviewing).
* Supervised interns and facilitated clinical training.

**Addiction Counselor** | Serenity House | Aurora, IL | July 2018-August 2019

* Provided individual and group counseling to clients in a residential treatment setting.
* Conducted intake assessments, facilitated psychoeducational groups, and developed discharge plans.
* Coordinated with community resources to provide continuity of care.

**Publications And Presentations**

Smith, J. (October 2023). The impact of trauma on addiction recovery: Implications for treatment. Journal of Substance Abuse Treatment, 145, 108567.

Smith, J. (July 2022, March). Addressing co-occurring disorders in addiction treatment. Presented at the Illinois Alcohol and Other Drug Abuse Professional Certification Association Annual Conference, Chicago, IL.

**Professional Affiliations**

National Association for Addiction Professionals

Illinois Alcohol and Other Drug Abuse Professional Certification Association